

Race Date
July 21, 2019

Heart & Sole 2019
Age Group Results

Physicians

Female Physicians Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Friedman	Plainview NY	42	71	1	24:30.4	7:54/M
2	Judith Brenner	Plainview NY	50	27	2	27:18.2	8:48/M
3	Debbie Marchlewski	Roslyn NY	43	149	4	34:33.7	11:09/M

Male Physicians Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Brenner	Plainview NY	51	26	3	34:19.4	11:04/M
2	Ronald Lessen	Old Westbury NY	53	131	5	35:40.3	11:30/M
3	Marc Schechter	Plainview NY	49	242	6	41:05.5	13:15/M

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Employee

Female Employee Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Wolf	Forest Hills NY	41	287	2	26:13.0	8:27/M
2	Christina Eichhorn	Plainview NY	34	55	3	27:39.5	8:55/M
3	Anna Kamuda	Maspeth NY	23	109	4	30:40.2	9:54/M

Male Employee Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mario Wilkowski	Merrick NY	59	311	1	23:05.8	7:27/M
2	Michael Fener	Plainview NY	52	2	5	41:05.1	13:15/M
3	Jonathan Castoro	Huntington Station NY	32	36	6	41:49.1	13:29/M

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Firefighter

Male Firefighter Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Frank Marchese	Syosset NY	27	316	1	31:13.5	10:04/M
2	John Horan	Freeport NY	80	101	2	34:54.1	11:16/M