

Caumsett 50k Non Championship Marathon Splits 2016

Place	Name	City	State	Bib No	Gender/Age	Laps	Time	Total Time	Pace	Distance
1	Padraig Mullins	Cambridge	MA	56	M/34	8		3:00:54.7	6:54/M	26.200
				56		Lap 1	29:22.3	29:22.3	6:32/M	4.500
				56		Lap 2	20:39.3	50:01.6	6:40/M	3.100
				56		Lap 3	21:18.2	1:11:19.9	6:52/M	3.100
				56		Lap 4	20:41.5	1:32:01.4	6:40/M	3.100
				56		Lap 5	21:38.7	1:53:40.2	6:59/M	3.100
				56		Lap 6	22:21.5	2:16:01.7	7:13/M	3.100
				56		Lap 7	22:30.3	2:38:32.1	7:15/M	3.100
				56		Lap 8	22:22.6	3:00:54.7	7:13/M	3.100
2	Lou Donofrio	Wallingford	PA	22	M/37	8		3:01:45.9	6:56/M	26.200
				22		Lap 1	29:04.7	29:04.7	6:28/M	4.500
				22		Lap 2	20:36.5	49:41.3	6:39/M	3.100
				22		Lap 3	20:49.8	1:10:31.1	6:43/M	3.100
				22		Lap 4	21:12.6	1:31:43.7	6:50/M	3.100
				22		Lap 5	21:33.6	1:53:17.4	6:57/M	3.100
				22		Lap 6	21:59.9	2:15:17.3	7:05/M	3.100
				22		Lap 7	22:42.3	2:37:59.7	7:19/M	3.100
				22		Lap 8	23:46.2	3:01:45.9	7:40/M	3.100
3	Paul Banel	Brooklyn	NY	5	M/27	8		3:04:10.5	7:02/M	26.200
				5		Lap 1	29:35.3	29:35.3	6:34/M	4.500
				5		Lap 2	20:39.4	50:14.8	6:40/M	3.100
				5		Lap 3	21:06.0	1:11:20.8	6:48/M	3.100
				5		Lap 4	20:55.0	1:32:15.8	6:45/M	3.100
				5		Lap 5	21:13.3	1:53:29.2	6:51/M	3.100
				5		Lap 6	26:02.5	2:19:31.7	8:24/M	3.100
				5		Lap 7	21:30.4	2:41:02.2	6:56/M	3.100
				5		Lap 8	23:08.3	3:04:10.5	7:28/M	3.100
4	Matthew McKenna	New York	NY	49	M/30	8		3:05:02.1	7:04/M	26.200
				49		Lap 1	32:27.1	32:27.1	7:13/M	4.500
				49		Lap 2	21:21.1	53:48.3	6:53/M	3.100
				49		Lap 3	21:23.5	1:15:11.9	6:54/M	3.100
				49		Lap 4	21:26.8	1:36:38.7	6:55/M	3.100
				49		Lap 5	21:42.5	1:58:21.3	7:00/M	3.100
				49		Lap 6	21:47.0	2:20:08.3	7:02/M	3.100
				49		Lap 7	22:26.9	2:42:35.2	7:14/M	3.100
				49		Lap 8	22:26.8	3:05:02.1	7:14/M	3.100
5	John Kemp	Sheffield	MA	37	M/48	8		3:05:03.9	7:04/M	26.200
				37		Lap 1	31:19.7	31:19.7	6:58/M	4.500
				37		Lap 2	21:16.4	52:36.2	6:52/M	3.100
				37		Lap 3	21:38.9	1:14:15.1	6:59/M	3.100
				37		Lap 4	21:18.8	1:35:33.9	6:52/M	3.100
				37		Lap 5	21:48.6	1:57:22.6	7:02/M	3.100
				37		Lap 6	21:37.7	2:19:00.3	6:58/M	3.100
				37		Lap 7	22:35.0	2:41:35.3	7:17/M	3.100
				37		Lap 8	23:28.5	3:05:03.9	7:34/M	3.100
6	Seamus Pender	Maspeth N.york	NY	60	M/43	8		3:19:47.7	7:38/M	26.200
				60		Lap 1	33:38.2	33:38.2	7:28/M	4.500
				60		Lap 2	23:18.6	56:56.8	7:31/M	3.100
				60		Lap 3	23:27.3	1:20:24.1	7:34/M	3.100
				60		Lap 4	24:25.0	1:44:49.2	7:53/M	3.100
				60		Lap 5	23:30.6	2:08:19.8	7:35/M	3.100
				60		Lap 6	23:44.5	2:32:04.4	7:39/M	3.100

				60		Lap 7	23:54.9	2:55:59.3	7:43/M	3.100
				60		Lap 8	23:48.4	3:19:47.7	7:41/M	3.100
7	Nathan Matsui	Huntingtn Sta	NY	46	M/36	8		3:25:11.1	7:50/M	26.200
				46		Lap 1	33:39.4	33:39.4	7:29/M	4.500
				46		Lap 2	23:17.8	56:57.2	7:31/M	3.100
				46		Lap 3	23:11.8	1:20:09.1	7:29/M	3.100
				46		Lap 4	23:11.4	1:43:20.5	7:29/M	3.100
				46		Lap 5	23:37.3	2:06:57.8	7:37/M	3.100
				46		Lap 6	24:26.3	2:31:24.2	7:53/M	3.100
				46		Lap 7	26:01.7	2:57:25.9	8:24/M	3.100
				46		Lap 8	27:45.1	3:25:11.1	8:57/M	3.100
8	Daniel Kortick	Somers	NY	40	M/49	8		3:32:50.6	8:07/M	26.200
				40		Lap 1	37:02.5	37:02.5	8:14/M	4.500
				40		Lap 2	24:56.3	1:01:58.9	8:03/M	3.100
				40		Lap 3	25:01.0	1:26:59.9	8:04/M	3.100
				40		Lap 4	25:34.3	1:52:34.3	8:15/M	3.100
				40		Lap 5	25:27.5	2:18:01.8	8:13/M	3.100
				40		Lap 6	25:03.5	2:43:05.4	8:05/M	3.100
				40		Lap 7	24:43.0	3:07:48.4	7:58/M	3.100
				40		Lap 8	25:02.2	3:32:50.6	8:05/M	3.100
9	Roman Matuska	New York	NY	47	M/40	8		3:35:56.5	8:15/M	26.200
				47		Lap 1	35:53.7	35:53.7	7:58/M	4.500
				47		Lap 2	24:20.5	1:00:14.2	7:51/M	3.100
				47		Lap 3	24:34.4	1:24:48.6	7:55/M	3.100
				47		Lap 4	24:36.8	1:49:25.5	7:56/M	3.100
				47		Lap 5	25:16.9	2:14:42.5	8:09/M	3.100
				47		Lap 6	25:49.7	2:40:32.2	8:20/M	3.100
				47		Lap 7	27:45.3	3:08:17.6	8:57/M	3.100
				47		Lap 8	27:38.8	3:35:56.5	8:55/M	3.100
10	Gerald Tabios	Elmhurst	NY	73	M/46	8		3:38:48.3	8:21/M	26.200
				73		Lap 1	37:05.2	37:05.2	8:14/M	4.500
				73		Lap 2	25:26.0	1:02:31.3	8:12/M	3.100
				73		Lap 3	25:16.9	1:27:48.2	8:09/M	3.100
				73		Lap 4	25:19.5	1:53:07.7	8:10/M	3.100
				73		Lap 5	25:35.8	2:18:43.6	8:15/M	3.100
				73		Lap 6	26:09.6	2:44:53.2	8:26/M	3.100
				73		Lap 7	26:49.0	3:11:42.3	8:39/M	3.100
				73		Lap 8	27:05.9	3:38:48.3	8:44/M	3.100
11	Stephen Green	New York	NY	31	M/29	8		3:38:50.7	8:21/M	26.200
				31		Lap 1	34:24.7	34:24.7	7:39/M	4.500
				31		Lap 2	23:47.8	58:12.6	7:40/M	3.100
				31		Lap 3	23:45.0	1:21:57.6	7:40/M	3.100
				31		Lap 4	24:38.5	1:46:36.2	7:57/M	3.100
				31		Lap 5	25:52.5	2:12:28.7	8:21/M	3.100
				31		Lap 6	27:32.6	2:40:01.4	8:53/M	3.100
				31		Lap 7	29:06.8	3:09:08.3	9:23/M	3.100
				31		Lap 8	29:42.4	3:38:50.7	9:35/M	3.100
12	Alex Schneider	Great Neck	NY	68	M/25	8		3:39:17.4	8:22/M	26.200
				68		Lap 1	34:27.3	34:27.3	7:39/M	4.500
				68		Lap 2	24:41.1	59:08.4	7:58/M	3.100
				68		Lap 3	25:59.2	1:25:07.6	8:23/M	3.100
				68		Lap 4	24:54.4	1:50:02.1	8:02/M	3.100
				68		Lap 5	25:50.8	2:15:52.9	8:20/M	3.100
				68		Lap 6	26:28.9	2:42:21.9	8:32/M	3.100
				68		Lap 7	27:33.2	3:09:55.2	8:53/M	3.100

				68		Lap 8	29:22.1	3:39:17.4	9:28/M	3.100
13	Tina Vaccarella	Cutchogue	NY	76	F/40	8		3:39:42.1	8:23/M	26.200
				76		Lap 1	36:44.7	36:44.7	8:10/M	4.500
				76		Lap 2	25:30.0	1:02:14.7	8:14/M	3.100
				76		Lap 3	27:00.6	1:29:15.3	8:43/M	3.100
				76		Lap 4	26:16.4	1:55:31.8	8:28/M	3.100
				76		Lap 5	26:26.3	2:21:58.1	8:32/M	3.100
				76		Lap 6	26:05.7	2:48:03.9	8:25/M	3.100
				76		Lap 7	25:46.4	3:13:50.3	8:19/M	3.100
				76		Lap 8	25:51.7	3:39:42.1	8:20/M	3.100
14	Richard Camerik	Bedford	NY	11	M/51	8		3:42:34.1	8:30/M	26.200
				11		Lap 1	36:39.6	36:39.6	8:09/M	4.500
				11		Lap 2	24:36.1	1:01:15.8	7:56/M	3.100
				11		Lap 3	26:11.0	1:27:26.9	8:27/M	3.100
				11		Lap 4	25:08.9	1:52:35.8	8:06/M	3.100
				11		Lap 5	26:33.7	2:19:09.6	8:34/M	3.100
				11		Lap 6	27:55.8	2:47:05.4	9:00/M	3.100
				11		Lap 7	27:33.9	3:14:39.4	8:53/M	3.100
				11		Lap 8	27:54.7	3:42:34.1	9:00/M	3.100
15	Indira Schwarting	Southold	NY	69	F/33	8		3:44:13.6	8:33/M	26.200
				69		Lap 1	36:44.9	36:44.9	8:10/M	4.500
				69		Lap 2	25:30.1	1:02:15.1	8:14/M	3.100
				69		Lap 3	27:00.2	1:29:15.3	8:43/M	3.100
				69		Lap 4	26:16.4	1:55:31.8	8:28/M	3.100
				69		Lap 5	26:26.7	2:21:58.5	8:32/M	3.100
				69		Lap 6	26:05.7	2:48:04.3	8:25/M	3.100
				69		Lap 7	27:40.0	3:15:44.4	8:55/M	3.100
				69		Lap 8	28:29.2	3:44:13.6	9:11/M	3.100
16	John Abbate	Yorktown Hts	NY	1	M/60	8		3:51:30.2	8:50/M	26.200
				1		Lap 1	38:04.4	38:04.4	8:28/M	4.500
				1		Lap 2	25:43.7	1:03:48.1	8:18/M	3.100
				1		Lap 3	26:20.7	1:30:08.9	8:30/M	3.100
				1		Lap 4	25:54.8	1:56:03.8	8:21/M	3.100
				1		Lap 5	25:57.9	2:22:01.7	8:22/M	3.100
				1		Lap 6	26:44.4	2:48:46.2	8:37/M	3.100
				1		Lap 7	30:49.8	3:19:36.1	9:56/M	3.100
				1		Lap 8	31:54.0	3:51:30.2	10:17/M	3.100
17	Robert Tucci	Manorville	NY	75	M/42	8		3:59:32.7	9:09/M	26.200
				75		Lap 1	43:13.4	43:13.4	9:36/M	4.500
				75		Lap 2	28:01.7	1:11:15.2	9:02/M	3.100
				75		Lap 3	25:31.9	1:36:47.1	8:14/M	3.100
				75		Lap 4	26:04.6	2:02:51.8	8:25/M	3.100
				75		Lap 5	26:52.3	2:29:44.1	8:40/M	3.100
				75		Lap 6	27:15.8	2:56:59.9	8:47/M	3.100
				75		Lap 7	29:27.6	3:26:27.6	9:30/M	3.100
				75		Lap 8	33:05.1	3:59:32.7	10:40/M	3.100
18	Frank Auletta	Deer Park	NY	4	M/25	8		4:02:31.4	9:15/M	26.200
				4		Lap 1	41:28.4	41:28.4	9:13/M	4.500
				4		Lap 2	28:28.1	1:09:56.6	9:11/M	3.100
				4		Lap 3	28:21.3	1:38:17.9	9:09/M	3.100
				4		Lap 4	28:26.6	2:06:44.6	9:10/M	3.100
				4		Lap 5	28:54.1	2:35:38.7	9:19/M	3.100
				4		Lap 6	28:47.8	3:04:26.6	9:17/M	3.100
				4		Lap 7	28:35.6	3:33:02.2	9:13/M	3.100
				4		Lap 8	29:29.1	4:02:31.4	9:31/M	3.100

19	Bob Oberikehr	Northvale	NJ	82	M/61	8	4:05:07.6	9:21/M	26.200	
				82		Lap 1	40:11.1	40:11.1	8:56/M	4.500
				82		Lap 2	27:48.4	1:07:59.6	8:58/M	3.100
				82		Lap 3	27:58.0	1:35:57.6	9:01/M	3.100
				82		Lap 4	28:01.9	2:03:59.5	9:02/M	3.100
				82		Lap 5	28:12.5	2:32:12.1	9:06/M	3.100
				82		Lap 6	29:29.2	3:01:41.4	9:31/M	3.100
				82		Lap 7	31:14.9	3:32:56.3	10:05/M	3.100
				82		Lap 8	32:11.2	4:05:07.6	10:23/M	3.100
20	Kenneth Colantuoni	Plainview	NY	14	M/45	8	4:07:37.7	9:27/M	26.200	
				14		Lap 1	43:25.1	43:25.1	9:39/M	4.500
				14		Lap 2	30:05.3	1:13:30.5	9:42/M	3.100
				14		Lap 3	29:50.0	1:43:20.5	9:37/M	3.100
				14		Lap 4	29:01.1	2:12:21.6	9:22/M	3.100
				14		Lap 5	29:01.8	2:41:23.4	9:22/M	3.100
				14		Lap 6	29:00.8	3:10:24.3	9:21/M	3.100
				14		Lap 7	28:47.1	3:39:11.4	9:17/M	3.100
				14		Lap 8	28:26.3	4:07:37.7	9:10/M	3.100
21	Jaclyn Fahey	Wantagh	NY	23	F/33	8	4:07:38.1	9:27/M	26.200	
				23		Lap 1	43:25.5	43:25.5	9:39/M	4.500
				23		Lap 2	30:04.1	1:13:29.6	9:42/M	3.100
				23		Lap 3	29:50.4	1:43:20.1	9:37/M	3.100
				23		Lap 4	29:01.5	2:12:21.7	9:22/M	3.100
				23		Lap 5	29:02.0	2:41:23.7	9:22/M	3.100
				23		Lap 6	29:00.5	3:10:24.3	9:21/M	3.100
				23		Lap 7	28:47.1	3:39:11.4	9:17/M	3.100
				23		Lap 8	28:26.7	4:07:38.1	9:10/M	3.100
22	Stephanie Sher	New York	NY	71	F/26	8	4:08:16.2	9:29/M	26.200	
				71		Lap 1	37:41.7	37:41.7	8:22/M	4.500
				71		Lap 2	27:23.7	1:05:05.4	8:50/M	3.100
				71		Lap 3	26:24.7	1:31:30.1	8:31/M	3.100
				71		Lap 4	28:59.0	2:00:29.2	9:21/M	3.100
				71		Lap 5	29:31.1	2:30:00.4	9:31/M	3.100
				71		Lap 6	30:57.7	3:00:58.1	9:59/M	3.100
				71		Lap 7	33:44.6	3:34:42.8	10:53/M	3.100
				71		Lap 8	33:33.4	4:08:16.2	10:49/M	3.100
23	Gareth Field	Cold Spg Hbr	NY	25	M/27	8	4:13:53.8	9:41/M	26.200	
				25		Lap 1	34:10.1	34:10.1	7:36/M	4.500
				25		Lap 2	24:15.2	58:25.3	7:49/M	3.100
				25		Lap 3	25:05.8	1:23:31.1	8:05/M	3.100
				25		Lap 4	28:33.2	1:52:04.4	9:13/M	3.100
				25		Lap 5	31:00.2	2:23:04.6	10:00/M	3.100
				25		Lap 6	33:07.1	2:56:11.7	10:41/M	3.100
				25		Lap 7	35:57.1	3:32:08.9	11:36/M	3.100
				25		Lap 8	41:44.9	4:13:53.8	13:28/M	3.100
24	Claudio Gonzalez	Hempstead	NY	29	M/41	8	4:18:49.2	9:53/M	26.200	
				29		Lap 1	44:38.8	44:38.8	9:55/M	4.500
				29		Lap 2	30:19.7	1:14:58.5	9:47/M	3.100
				29		Lap 3	30:42.6	1:45:41.2	9:54/M	3.100
				29		Lap 4	30:12.8	2:15:54.1	9:45/M	3.100
				29		Lap 5	30:25.8	2:46:19.9	9:49/M	3.100
				29		Lap 6	30:51.6	3:17:11.5	9:57/M	3.100
				29		Lap 7	30:53.8	3:48:05.4	9:58/M	3.100
				29		Lap 8	30:43.8	4:18:49.2	9:55/M	3.100

25	Scot Binder	Bedford	NY	8	M/53	8	4:18:59.5	9:53/M	26.200	
				8		Lap 1	40:06.8	40:06.8	8:55/M	4.500
				8		Lap 2	27:53.9	1:08:00.8	9:00/M	3.100
				8		Lap 3	28:24.3	1:36:25.2	9:10/M	3.100
				8		Lap 4	28:33.0	2:04:58.2	9:13/M	3.100
				8		Lap 5	30:44.4	2:35:42.6	9:55/M	3.100
				8		Lap 6	32:52.7	3:08:35.4	10:36/M	3.100
				8		Lap 7	34:12.2	3:42:47.6	11:02/M	3.100
				8		Lap 8	36:11.8	4:18:59.5	11:40/M	3.100
26	Todd Metro	Holtsville	NY	52	M/48	8	4:22:36.1	10:01/M	26.200	
				52		Lap 1	43:24.5	43:24.5	9:39/M	4.500
				52		Lap 2	30:06.1	1:13:30.6	9:43/M	3.100
				52		Lap 3	29:51.7	1:43:22.3	9:38/M	3.100
				52		Lap 4	29:51.8	2:13:14.2	9:38/M	3.100
				52		Lap 5	31:32.4	2:44:46.7	10:10/M	3.100
				52		Lap 6	32:15.2	3:17:01.9	10:24/M	3.100
				52		Lap 7	33:13.2	3:50:15.1	10:43/M	3.100
				52		Lap 8	32:21.0	4:22:36.1	10:26/M	3.100
27	Jack Luquer	Bohemia	NY	45	M/32	8	4:28:30.4	10:15/M	26.200	
				45		Lap 1	40:10.5	40:10.5	8:56/M	4.500
				45		Lap 2	27:57.3	1:08:07.9	9:01/M	3.100
				45		Lap 3	29:51.9	1:37:59.8	9:38/M	3.100
				45		Lap 4	29:57.8	2:07:57.7	9:40/M	3.100
				45		Lap 5	30:22.1	2:38:19.9	9:48/M	3.100
				45		Lap 6	35:15.9	3:13:35.8	11:22/M	3.100
				45		Lap 7	36:18.0	3:49:53.8	11:43/M	3.100
				45		Lap 8	38:36.5	4:28:30.4	12:27/M	3.100
28	Hiroshi Kitada	Tuckahoe	NY	39	M/50	8	4:34:01.9	10:28/M	26.200	
				39		Lap 1	45:38.6	45:38.6	10:08/M	4.500
				39		Lap 2	30:23.2	1:16:01.9	9:48/M	3.100
				39		Lap 3	30:33.5	1:46:35.4	9:51/M	3.100
				39		Lap 4	30:49.1	2:17:24.6	9:56/M	3.100
				39		Lap 5	30:45.9	2:48:10.6	9:55/M	3.100
				39		Lap 6	31:44.9	3:19:55.5	10:14/M	3.100
				39		Lap 7	33:50.7	3:53:46.3	10:55/M	3.100
				39		Lap 8	40:15.5	4:34:01.9	12:59/M	3.100
29	Harry Morales	New York	NY	55	M/53	8	4:34:42.5	10:29/M	26.200	
				55		Lap 1	44:35.5	44:35.5	9:54/M	4.500
				55		Lap 2	31:38.3	1:16:13.8	10:12/M	3.100
				55		Lap 3	33:34.0	1:49:47.9	10:50/M	3.100
				55		Lap 4	30:26.8	2:20:14.8	9:49/M	3.100
				55		Lap 5	35:22.6	2:55:37.4	11:25/M	3.100
				55		Lap 6	30:16.7	3:25:54.1	9:46/M	3.100
				55		Lap 7	34:01.2	3:59:55.3	10:58/M	3.100
				55		Lap 8	34:47.1	4:34:42.5	11:13/M	3.100
30	Esther Levine	Long Island City	NY	42	F/45	8	4:37:34.6	10:36/M	26.200	
				42		Lap 1	44:45.2	44:45.2	9:57/M	4.500
				42		Lap 2	32:09.1	1:16:54.3	10:22/M	3.100
				42		Lap 3	30:24.4	1:47:18.7	9:48/M	3.100
				42		Lap 4	31:18.3	2:18:37.1	10:06/M	3.100
				42		Lap 5	33:01.8	2:51:39.0	10:39/M	3.100
				42		Lap 6	34:14.7	3:25:53.7	11:03/M	3.100
				42		Lap 7	34:31.6	4:00:25.4	11:08/M	3.100
				42		Lap 8	37:09.1	4:37:34.6	11:59/M	3.100
31	Matthew Semon	Melville	NY	70	M/42	8	4:40:12.6	10:42/M	26.200	

				70		Lap 1	43:05.6	43:05.6	9:34/M	4.500
				70		Lap 2	32:15.5	1:15:21.1	10:24/M	3.100
				70		Lap 3	30:51.5	1:46:12.6	9:57/M	3.100
				70		Lap 4	31:09.1	2:17:21.8	10:03/M	3.100
				70		Lap 5	31:33.0	2:48:54.8	10:11/M	3.100
				70		Lap 6	36:21.5	3:25:16.4	11:44/M	3.100
				70		Lap 7	35:19.9	4:00:36.3	11:24/M	3.100
				70		Lap 8	39:36.2	4:40:12.6	12:46/M	3.100
32	Ira Zaroff	Melville	NY	79	M/40	8	4:40:12.6	10:42/M	26.200	
				79		Lap 1	43:04.8	43:04.8	9:34/M	4.500
				79		Lap 2	32:16.1	1:15:20.9	10:25/M	3.100
				79		Lap 3	30:51.7	1:46:12.6	9:57/M	3.100
				79		Lap 4	31:09.2	2:17:21.8	10:03/M	3.100
				79		Lap 5	31:32.8	2:48:54.6	10:10/M	3.100
				79		Lap 6	36:21.6	3:25:16.3	11:44/M	3.100
				79		Lap 7	35:19.6	4:00:35.9	11:24/M	3.100
				79		Lap 8	39:36.6	4:40:12.6	12:46/M	3.100
33	Vess Mitev	Smithtown	NY	54	M/32	8	4:40:14.3	10:42/M	26.200	
				54		Lap 1	47:21.1	47:21.1	10:31/M	4.500
				54		Lap 2	31:56.9	1:19:18.1	10:18/M	3.100
				54		Lap 3	32:37.3	1:51:55.5	10:31/M	3.100
				54		Lap 4	31:47.5	2:23:43.1	10:15/M	3.100
				54		Lap 5	32:31.1	2:56:14.2	10:29/M	3.100
				54		Lap 6	33:55.3	3:30:09.6	10:56/M	3.100
				54		Lap 7	34:44.1	4:04:53.7	11:12/M	3.100
				54		Lap 8	35:20.5	4:40:14.3	11:24/M	3.100
34	Bill Gross	Ruffigan	CT	83	M/62	8	4:44:48.2	10:52/M	26.200	
				83		Lap 1	44:14.9	44:14.9	9:50/M	4.500
				83		Lap 2	32:33.7	1:16:48.6	10:30/M	3.100
				83		Lap 3	31:09.2	1:47:57.9	10:03/M	3.100
				83		Lap 4	31:58.4	2:19:56.3	10:19/M	3.100
				83		Lap 5	35:17.9	2:55:14.2	11:23/M	3.100
				83		Lap 6	34:55.1	3:30:09.3	11:16/M	3.100
				83		Lap 7	36:40.5	4:06:49.9	11:50/M	3.100
				83		Lap 8	37:58.2	4:44:48.2	12:15/M	3.100
35	Bert Volland	Patchogue	NY	77	M/52	8	4:44:59.8	10:53/M	26.200	
				77		Lap 1	45:36.3	45:36.3	10:08/M	4.500
				77		Lap 2	30:07.7	1:15:44.1	9:43/M	3.100
				77		Lap 3	32:10.2	1:47:54.3	10:23/M	3.100
				77		Lap 4	31:42.5	2:19:36.8	10:14/M	3.100
				77		Lap 5	35:17.7	2:54:54.5	11:23/M	3.100
				77		Lap 6	34:54.2	3:29:48.8	11:15/M	3.100
				77		Lap 7	37:50.5	4:07:39.4	12:12/M	3.100
				77		Lap 8	37:20.4	4:44:59.8	12:03/M	3.100
36	Justina Rosado	Ronkonkoma	NY	65	F/22	8	4:45:22.2	10:54/M	26.200	
				65		Lap 1	49:05.8	49:05.8	10:54/M	4.500
				65		Lap 2	33:40.8	1:22:46.7	10:52/M	3.100
				65		Lap 3	32:10.8	1:54:57.5	10:23/M	3.100
				65		Lap 4	31:47.7	2:26:45.3	10:15/M	3.100
				65		Lap 5	32:34.9	2:59:20.2	10:30/M	3.100
				65		Lap 6	34:11.3	3:33:31.5	11:02/M	3.100
				65		Lap 7	34:58.1	4:08:29.7	11:17/M	3.100
				65		Lap 8	36:52.5	4:45:22.2	11:54/M	3.100
37	Al Prawda	Brooklyn	NY	62	M/68	8	4:45:52.3	10:55/M	26.200	
				62		Lap 1	43:45.4	43:45.4	9:43/M	4.500

				62		Lap 2	31:08.8	1:14:54.3	10:03/M	3.100
				62		Lap 3	31:42.1	1:46:36.4	10:14/M	3.100
				62		Lap 4	32:41.1	2:19:17.5	10:33/M	3.100
				62		Lap 5	34:48.1	2:54:05.7	11:14/M	3.100
				62		Lap 6	35:43.7	3:29:49.4	11:31/M	3.100
				62		Lap 7	37:01.4	4:06:50.9	11:56/M	3.100
				62		Lap 8	39:01.3	4:45:52.3	12:35/M	3.100
38	Stalina Gibson	New York	NY	28	F/32	8		4:52:57.8	11:11/M	26.200
				28		Lap 1	47:00.8	47:00.8	10:27/M	4.500
				28		Lap 2	32:47.1	1:19:47.9	10:35/M	3.100
				28		Lap 3	32:13.3	1:52:01.2	10:24/M	3.100
				28		Lap 4	33:39.3	2:25:40.5	10:51/M	3.100
				28		Lap 5	34:13.8	2:59:54.4	11:02/M	3.100
				28		Lap 6	35:52.4	3:35:46.9	11:34/M	3.100
				28		Lap 7	40:07.0	4:15:53.9	12:56/M	3.100
				28		Lap 8	37:03.8	4:52:57.8	11:57/M	3.100
39	Anthony lafrate	Islip	NY	84	M/48	8		4:53:59.1	11:13/M	26.200
				84		Lap 1	47:28.2	47:28.2	10:33/M	4.500
				84		Lap 2	32:46.3	1:20:14.6	10:34/M	3.100
				84		Lap 3	33:23.0	1:53:37.7	10:46/M	3.100
				84		Lap 4	35:16.8	2:28:54.6	11:23/M	3.100
				84		Lap 5	35:13.5	3:04:08.1	11:22/M	3.100
				84		Lap 6	35:54.0	3:40:02.1	11:35/M	3.100
				84		Lap 7	36:06.2	4:16:08.3	11:39/M	3.100
				84		Lap 8	37:50.7	4:53:59.1	12:12/M	3.100
40	Larry Lewis	Brooklyn	NY	43	M/58	8		4:57:48.1	11:22/M	26.200
				43		Lap 1	45:51.6	45:51.6	10:11/M	4.500
				43		Lap 2	32:30.0	1:18:21.6	10:29/M	3.100
				43		Lap 3	32:43.8	1:51:05.5	10:33/M	3.100
				43		Lap 4	35:02.6	2:26:08.1	11:18/M	3.100
				43		Lap 5	43:58.4	3:10:06.5	14:11/M	3.100
				43		Lap 6	35:06.3	3:45:12.9	11:19/M	3.100
				43		Lap 7	35:51.7	4:21:04.6	11:34/M	3.100
				43		Lap 8	36:43.4	4:57:48.1	11:51/M	3.100
41	Albert Lione	Shelton	CT	44	M/42	8		4:57:49.6	11:22/M	26.200
				44		Lap 1	45:24.8	45:24.8	10:05/M	4.500
				44		Lap 2	31:36.0	1:17:00.8	10:12/M	3.100
				44		Lap 3	33:13.8	1:50:14.7	10:43/M	3.100
				44		Lap 4	32:57.1	2:23:11.8	10:38/M	3.100
				44		Lap 5	35:22.8	2:58:34.6	11:25/M	3.100
				44		Lap 6	37:27.2	3:36:01.9	12:05/M	3.100
				44		Lap 7	40:57.5	4:16:59.4	13:13/M	3.100
				44		Lap 8	40:50.2	4:57:49.6	13:10/M	3.100
42	Anita Bonesteel	Elmont	NY	9	F/33	8		4:59:15.4	11:25/M	26.200
				9		Lap 1	47:05.4	47:05.4	10:28/M	4.500
				9		Lap 2	30:28.2	1:17:33.6	9:50/M	3.100
				9		Lap 3	30:45.9	1:48:19.6	9:55/M	3.100
				9		Lap 4	33:08.4	2:21:28.1	10:41/M	3.100
				9		Lap 5	35:06.6	2:56:34.8	11:19/M	3.100
				9		Lap 6	39:47.5	3:36:22.4	12:50/M	3.100
				9		Lap 7	41:30.7	4:17:53.1	13:23/M	3.100
				9		Lap 8	41:22.3	4:59:15.4	13:21/M	3.100
43	Fred Freutel	Valley Stream	NY	26	M/64	8		5:05:58.6	11:41/M	26.200
				26		Lap 1	51:04.7	51:04.7	11:21/M	4.500
				26		Lap 2	36:00.0	1:27:04.7	11:37/M	3.100

				26		Lap 3	37:05.8	2:04:10.5	11:58/M	3.100
				26		Lap 4	36:00.1	2:40:10.7	11:37/M	3.100
				26		Lap 5	38:48.4	3:18:59.1	12:31/M	3.100
				26		Lap 6	34:49.5	3:53:48.7	11:14/M	3.100
				26		Lap 7	36:35.9	4:30:24.6	11:48/M	3.100
				26		Lap 8	35:33.9	5:05:58.6	11:28/M	3.100
44	Vincent Oshaughnessy	West Babylon	NY	58	M/55	8		5:05:59.2	11:41/M	26.200
				58		Lap 1	51:05.9	51:05.9	11:21/M	4.500
				58		Lap 2	36:01.6	1:27:07.5	11:37/M	3.100
				58		Lap 3	37:03.6	2:04:11.1	11:57/M	3.100
				58		Lap 4	36:00.5	2:40:11.7	11:37/M	3.100
				58		Lap 5	38:49.2	3:19:00.9	12:31/M	3.100
				58		Lap 6	34:47.8	3:53:48.8	11:13/M	3.100
				58		Lap 7	36:36.8	4:30:25.6	11:48/M	3.100
				58		Lap 8	35:33.5	5:05:59.2	11:28/M	3.100
45	Alberto Leal	Brentwood	NY	41	M/40	8		5:10:38.6	11:51/M	26.200
				41		Lap 1	48:49.1	48:49.1	10:51/M	4.500
				41		Lap 2	33:37.2	1:22:26.4	10:51/M	3.100
				41		Lap 3	33:38.8	1:56:05.3	10:51/M	3.100
				41		Lap 4	34:14.4	2:30:19.7	11:03/M	3.100
				41		Lap 5	34:59.2	3:05:18.9	11:17/M	3.100
				41		Lap 6	41:55.0	3:47:13.9	13:31/M	3.100
				41		Lap 7	41:41.8	4:28:55.8	13:27/M	3.100
				41		Lap 8	41:42.8	5:10:38.6	13:27/M	3.100
46	Lee Dickey	Dracut	MA	19	M/62	8		5:14:29.5	12:00/M	26.200
				19		Lap 1	53:15.6	53:15.6	11:50/M	4.500
				19		Lap 2	34:47.8	1:28:03.4	11:13/M	3.100
				19		Lap 3	35:53.5	2:03:56.9	11:35/M	3.100
				19		Lap 4	36:01.9	2:39:58.9	11:37/M	3.100
				19		Lap 5	36:15.7	3:16:14.6	11:42/M	3.100
				19		Lap 6	37:43.9	3:53:58.5	12:10/M	3.100
				19		Lap 7	38:28.4	4:32:26.9	12:25/M	3.100
				19		Lap 8	42:02.5	5:14:29.5	13:34/M	3.100
47	Melissa McCutcheon	Towaco	NJ	48	F/35	8		5:19:40.9	12:12/M	26.200
				48		Lap 1	51:16.3	51:16.3	11:24/M	4.500
				48		Lap 2	35:47.2	1:27:03.5	11:33/M	3.100
				48		Lap 3	38:07.1	2:05:10.6	12:18/M	3.100
				48		Lap 4	37:09.4	2:42:20.1	11:59/M	3.100
				48		Lap 5	38:00.5	3:20:20.7	12:15/M	3.100
				48		Lap 6	39:41.5	4:00:02.3	12:48/M	3.100
				48		Lap 7	39:06.0	4:39:08.3	12:37/M	3.100
				48		Lap 8	40:32.6	5:19:40.9	13:05/M	3.100
48	Joe Hayes	Portsmouth	NH	34	M/67	8		5:24:18.6	12:23/M	26.200
				34		Lap 1	45:40.5	45:40.5	10:09/M	4.500
				34		Lap 2	33:09.4	1:18:49.9	10:42/M	3.100
				34		Lap 3	34:35.8	1:53:25.7	11:09/M	3.100
				34		Lap 4	37:02.8	2:30:28.6	11:57/M	3.100
				34		Lap 5	41:54.5	3:12:23.1	13:31/M	3.100
				34		Lap 6	39:44.5	3:52:07.7	12:49/M	3.100
				34		Lap 7	39:23.0	4:31:30.7	12:42/M	3.100
				34		Lap 8	52:47.8	5:24:18.6	17:02/M	3.100
49	Trishul Cherns	Middle Vlg	NY	13	M/58	8		5:24:33.6	12:23/M	26.200
				13		Lap 1	51:36.8	51:36.8	11:28/M	4.500
				13		Lap 2	35:26.8	1:27:03.7	11:26/M	3.100
				13		Lap 3	38:07.7	2:05:11.5	12:18/M	3.100

						13	Lap 4	37:09.0	2:42:20.5	11:59/M	3.100
						13	Lap 5	38:00.9	3:20:21.5	12:15/M	3.100
						13	Lap 6	39:40.9	4:00:02.4	12:48/M	3.100
						13	Lap 7	39:08.8	4:39:11.3	12:37/M	3.100
						13	Lap 8	45:22.2	5:24:33.6	14:38/M	3.100
50	Andrew Napoleon	Amityville	NY	57	M/26	8		5:49:11.3	13:20/M	26.200	
				57		Lap 1	52:05.2	52:05.2	11:34/M	4.500	
				57		Lap 2	34:19.0	1:26:24.3	11:04/M	3.100	
				57		Lap 3	35:52.9	2:02:17.2	11:34/M	3.100	
				57		Lap 4	38:17.4	2:40:34.6	12:21/M	3.100	
				57		Lap 5	44:16.9	3:24:51.6	14:17/M	3.100	
				57		Lap 6	51:02.5	4:15:54.1	16:28/M	3.100	
				57		Lap 7	48:51.8	5:04:45.9	15:45/M	3.100	
				57		Lap 8	44:25.3	5:49:11.3	14:20/M	3.100	
51	Thomas Mays	Commack	NY	81	M/59	8		5:51:01.6	13:24/M	26.200	
				81		Lap 1	55:23.8	55:23.8	12:18/M	4.500	
				81		Lap 2	39:07.4	1:34:31.2	12:37/M	3.100	
				81		Lap 3	39:46.6	2:14:17.8	12:50/M	3.100	
				81		Lap 4	41:01.0	2:55:18.9	13:14/M	3.100	
				81		Lap 5	41:17.9	3:36:36.9	13:19/M	3.100	
				81		Lap 6	44:49.4	4:21:26.3	14:27/M	3.100	
				81		Lap 7	39:34.9	5:01:01.2	12:46/M	3.100	
				81		Lap 8	50:00.3	5:51:01.6	16:08/M	3.100	
52	Raymond Chen	Dorset	VT	12	M/51	5		2:55:28.1	10:23/M	16.900	
				12		Lap 1	44:35.5	44:35.5	9:54/M	4.500	
				12		Lap 2	30:59.8	1:15:35.3	10:00/M	3.100	
				12		Lap 3	31:05.8	1:46:41.2	10:02/M	3.100	
				12		Lap 4	31:19.1	2:18:00.3	10:06/M	3.100	
				12		Lap 5	37:27.7	2:55:28.1	12:05/M	3.100	

